

Cowgirl Birthday Prayer

Lin Sutherland
Onion Creek Ranch

My friends, today we give thanks for Wonder.
Let us give thanks for the wonder of life
that infuses all things now and forever,
and is expressed in the most beautiful of beings, our horses.

Blessed is the Source of Life, the Fountain of Being,
the well-spring of goodness, compassion, and kindness.
We see these qualities manifested in our horses, and it
inspires us to seek the same, and we draw from them
to make for justice and peace.

From this creative power
we are sustained and are able to sustain others.

All Life is sacred and precious,
worthy of respect and dignity.

Let us give thanks for the power of the heart
to sense beauty and value in the midst of the simple.

About the Author

Lin Sutherland teaches horsemanship and riding at Onion Creek Ranch in Austin, Texas. She rides and writes where the west wind takes her.